

2012 Sac Joaquin Section Track and Field Divisional Meet At Large Standards

An athlete shall earn an at-large entry into the Divisional Meet if his/her mark at the final league competition (which qualifies entrants to the Divisional Meets) is equal to or better than the combined average from all three Divisional Meet Finals of the average 6th place finisher for the three most recent years.

2012 Boys Standards	
100 Meters	11.29
200 Meters	22.96
400 Meters	51.62
800 Meters	2 : 00.01
1600 Meters	4 : 29.64
3200 Meters	9 : 49.52
110 Hurdles	15.65
300 Hurdles	41.14
4 x 100 Relay	43.91
4 x 400 Relay	3 : 28.20
High Jump	6 - 01
Pole Vault	13 - 0
Long Jump	21 - 01
Triple Jump	43 - 04
Shot Put	48 - 03
Discus	145 - 09

2012 Girls Standards	
100 Meters	12.91
200 Meters	26.63
400 Meters	59.82
800 Meters	2 : 23.39
1600 Meters	5 : 23.27
3200 Meters	11 : 46.55
100 Hurdles	16.55
300 Hurdles	48.06
4 x 100 Relay	50.98
4 x 400 Relay	4 : 11.33
High Jump	5 - 0
Pole Vault	9 - 03
Long Jump	16 - 07
Triple Jump	34 - 08
Shot Put	34 - 01
Discus	104 - 04